AESTHETIC
SMILE DESIGNS

Biorejuvenation Dentistry

Cracked, Chipped, Worn Down Teeth & Pain

Sound Familiar: you've chipped or broken another tooth, so you go back to your dentist to get it fixed. You are frustrated because it keeps happening and your dentist cannot tell you why.

You've tried everything to relieve the pain in your head, neck, teeth or jaw. Nothing helps, so you go back to your medical doctor who gives you another prescription. You are frustrated because nothing is working.

Your teeth are wearing down and you don't like what you see in the mirror. Your face seems shorter, and you feel like you look older than you should. You feel hopeless and insecure about your face and smile.

Get The Confident, Youthful Smile You Deserve

We understand how it feels to be in pain and afraid to smile. No one should have to experience the frustration or fear that comes along with that. Like you, we are frustrated by the generalization that all people need the same treatment. Which is why we treat the true reason for the symptoms and not just the symptoms themselves with Biorejuvenation Dentistry.

It's never too late to restore your confidence and smile.

Stop Wasting Your Time & Money on Treatments That Don't Work

If You Experience:

- Tooth sensitivity or pain
- Damage to crowns, fillings, or veneers
- Migraines, headaches, neck & back pain
- Jaw pain, locking, clicking or popping
- Snoring, sleep apnea

- Cracked, chipped or worn down teeth
- Unwanted changes in the appearance of your lips, teeth, face

It's very common for these symptoms to get diagnosed as a different condition when it is actually caused by an unstable bite. Because they often masquerade as other conditions, people bounce from dentist to doctor to find relief (wasting time and money).

The good news is we can help with Biorejuvenation dentistry! A patient who has undergone this treatment feels better and looks great. But, more importantly, the need for future restorative dental work is far less likely.

What is Biorejuvenation Dentistry?

Biorejuvenation is a full mouth rehabilitation focusing on restoring your chewing system to the optimal position, which relaxes your jaw joint muscles and reduces stress on your teeth. This type of dentistry corrects bite alignment issues to help patients retain as much of their tooth structure as possible. It is the process we use to keep your bite balanced without having to wear an orthotic appliance forever.

We also use it to treat sleep disorders like snoring and sleep apnea. That's because some dental conditions often accompany airway problems. Thanks to his advanced training, airway-centered dentist Dr. Villadiego who understands the connection between breathing and the structures of the mouth as well as the face, can use this approach to treat a growing list of oral and overall health concerns that can be tied to sleep issues.

The Benefits of Biorejuvenation Dentistry

This form of dentistry ensures that:

- Jaw joints are stable
- Muscles are relaxed
- The aesthetics of your smile are improved
- You feel comfortable
- There is increased form and function of teeth

- Worn down teeth are revitalized
- Preservation of the natural teeth
- Long-lasting dental health

As a result, patients feel better, look their best and the need for future restorative dental work is significantly reduced.

How It Works

Diagnose: First, we start with a preliminary exam. Using this information, we can determine if your chewing system is imbalanced. We also determine possible root causes of the problem and work with you to develop an individualized plan.

Balance: Next, we balance the chewing system. To do this, we use an orthotic device, a diagnostic tool that determines the root cause of your imbalances. We seek to reduce stress on this joint by relaxing your jaw muscles. As a result, other facial muscles will also relax, and you'll have less visible facial stress.

Some of the amazing consequences of using the orthotic is that it alleviates jaw and neck pain. You will also have less headaches and facial pain (but it is not a permanent solution).

Restore: Once the orthotic device balances the bite, we move on to the next part of our treatment plan, permanently balancing the chewing system. To do this, we restore your damaged teeth to their original, youthful shape and function.