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# Full Mouth Reconstruction

Full mouth reconstruction is a process of restoring the form and function of your entire mouth. A healthy and functional smile gives you confidence. It also protects your overall well-being. If you have several dental or oral issues that you need to fix, a full mouth reconstruction can help.

## What is Full Mouth Reconstruction?

Full mouth reconstruction is a comprehensive dental treatment that combines multiple dental procedures. It restores your teeth, enhances the health of your gums, while also ensuring a proper bite. A treatment plan may include restorative dentistry treatments such as crowns, implants, and fillings. It may also include cosmetic dentistry treatments like veneers, tooth whitening, and reshaping.

The goal of full mouth reconstruction is to provide you with a healthier, more attractive smile. Through this process, we can address any underlying issues that are contributing to pain or discomfort in your mouth. With full mouth reconstruction, you can have a healthier, brighter smile that looks great and functions even better.

## Benefits of Full Mouth Reconstruction

A full mouth reconstruction provides numerous benefits for your smile as well as your overall well being. From improving your overall oral health to restoring your smile, a full mouth reconstruction can improve your quality of life. With this comprehensive approach, you can restore your smile while also improving dental health at the same time. It is a life-changing treatment that can boost your self-confidence and help you feel proud of your smile again.

## Treatment Options

Full mouth rehabilitation (reconstruction) is a combination of treatments designed to improve the health, function and overall appearance of your smile. The most common types of treatments include dental crowns, bridges, implants, veneers, inlays and onlays.

## Purpose & Benefits of Treatments:

- Dental Crowns: used to repair damaged or decayed teeth
- Dental Bridges: used to replace missing teeth



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- Dental Implants: replace missing or extracted teeth
- Veneers: improve the size, shape and color of teeth for an improved aesthetic appeal
- Inlays & Onlays: restorations designed to restore both strength and shape of weakened or broken down teeth because of decay or trauma.

## Full Mouth Reconstruction Vs. a Smile Makeover

Full mouth reconstruction and smile makeovers are both dental procedures that can greatly improve the appearance of a person's smile. However, smile makeovers are purely for cosmetic purposes. While a full mouth rehabilitation (reconstruction) focuses on both function and aesthetics. It focuses on not only how your teeth look, but also how they work together as an integrated system.

Unlike a smile makeover, which focuses mainly on improving the appearance of your teeth. A full mouth reconstruction involves an in-depth evaluation of the entire oral cavity. It usually requires extensive dental work, such as crowns, bridges, dental implants, or orthodontic treatments, to restore the entire mouth. Smile makeovers, focus on cosmetic improvements like teeth whitening, veneers, or gum contouring.

## Who Needs Full Mouth Reconstruction?

Normally, we recommend full mouth reconstructions to individuals with extensive tooth loss, severe tooth decay, bite misalignment, or jaw problems. Common dental issues that may require full mouth reconstruction, include severe tooth decay, gum disease, tooth loss, or bite problems.

There are signs and symptoms that may indicate the need for full mouth reconstruction. These include chronic tooth pain, difficulty chewing or speaking, worn or cracked (chipped) teeth, frequent headaches, and jaw pain.

### Common Indications:

- Extensive Tooth Loss: recommended for individuals who have lost a significant number of teeth
- Severely Worn or Damaged Teeth: excessively worn down teeth, fractured, or damaged
- Bite Issues & Jaw Misalignment: bite problems, such as overbite, underbite, or crossbite
- TMJ Disorders: to address the underlying causes of the TMJ disorder and provide relief
- Severe Gum Disease: advanced gum disease which can lead to tooth and bone loss.



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## Full Mouth Reconstruction Process

Aesthetic Smile Designs offers comprehensive full mouth reconstruction solutions to restore your smile. Our process starts with a consultation and evaluation. In this phase, our dentist will discuss your smile goals and what you expect to achieve with your treatment.

Next, we use a CBCT scan of the mouth, to find any issues that may be invisible to the naked eye. It also helps us diagnose a range of issues from airway issues to implant placements. We may also use other diagnostic tools and procedures like digital X-rays that allow us to see other dental conditions.

During the step, we will evaluate your teeth, gums, and jaws for any signs of decay, infection or malocclusion (misaligned bite). After assessing the information, we will tailor a treatment plan to your needs and goals. This may include several treatments. Crowns, bridges, implants, whatever the treatment is, we use it to restore balance to your mouth.

The next step is treatment which can take place over several weeks or months. Full mouth reconstruction ensures that all areas of the mouth are healthy and functional, giving you the beautiful smile you desire!

## Full Mouth Restoration at Aesthetic Smile Designs

With full mouth reconstruction, we evaluate all aspects of your dental health. From tooth wear to malocclusion, our full mouth reconstruction will restore balance and harmony. Usually recommended for those with severe wear or damage to their teeth. And for those who want to restore their original dental structure.

We offer personalized full mouth reconstruction to patients in Los Angeles County. We serve patients from the following cities: Calabasas, Hidden Hills, Malibu, Pacific Palisades, Los Angeles, Westlake Village, and Santa Monica. Get back to smiling with confidence again and enjoy the benefits of a healthier, more attractive smile.